

THE LET GROW EXPERIENCE

Independence Kit for Kindergarten - 8th Grade

Inside you'll find:

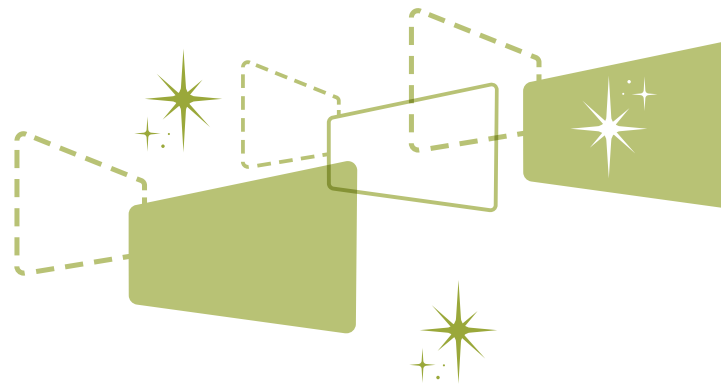
Overview

Let Grow Activity Ideas

Let Grow Kid Card

Seasonal Suggestions

...And a whole lot more things kids can do!



Dear Parent,

Welcome to The Let Grow Independence Kit! It's going to be great! But first, a request: Please think back on your childhood.

The joy of playing. The afternoons absorbed in a hobby. Or even the time something went wrong and you had to figure out what to do – and you did.

Remember? You were trusted with some independence. And it shaped you.

But today, for a whole lot of reasons, kids don't get as much chance to do things on their own. This makes it hard for them to stretch and succeed, or even bounce back from disappointments. They need a little of that bracing, old-fashioned independence YOU had. This Kit helps give it to them. Why?

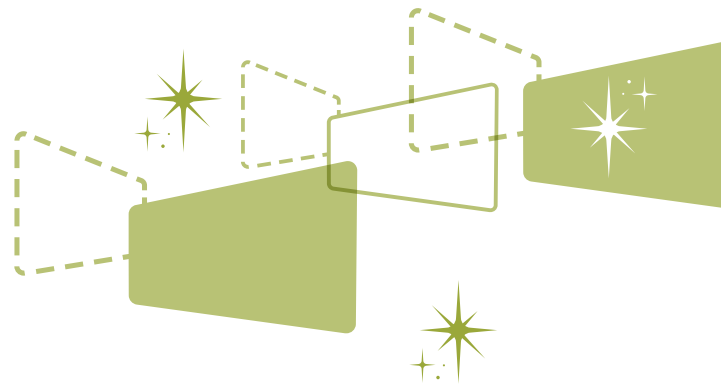
- In free time, kids discover their deep interests.
- In playing, trying, and exploring on their own (or with friends) kids do more problem-solving than when we're with them.
- Kids long to see just how much they can do – and they want us to see it, too.

So this kit gives you and your kids a whole lot of things they can start doing. Some will seem too simple. Some, too hard. And some your kid might want to start in the next half hour: any thing from making you breakfast, to climbing a tree, to babysitting. The point is to stretch the boundaries of childhood just a little bit.

When kids do something new on their own, both generations get a burst of confidence. Worry gets replaced by pride and joy.

Of course, you and your child will discuss together what projects they'll do. But be prepared for a lot of growth. And maybe some pancakes, too.

— Your Friends at Let Grow



Project Ideas

Walk the dog. (And clean up!)

Pet sit for a neighbor or friend.

Go to the pet store.

Look for bugs (which are sort of animals).

Catch one! Maybe now it's a pet!

Take on the pet chores in your house.

Climb a tree.

Ride your bike. (Bonus: No hands!)

Race remote control cars.

Frisbee! Tag! Frisbee Tag!

Get kids to come out and play.

Have a picnic.

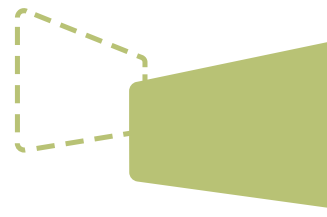
Rollerblade.

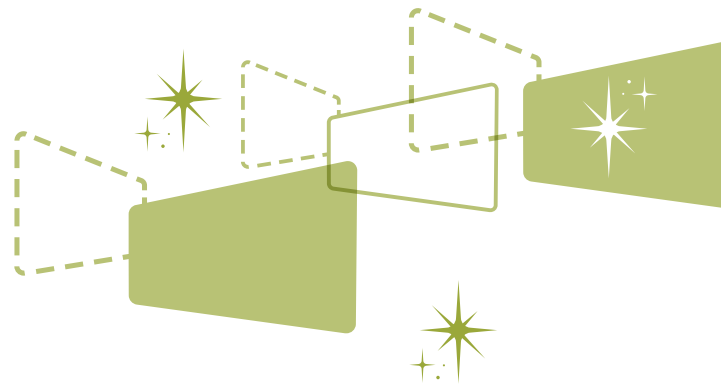
Nerf battle!

Hopscotch.

Geocache!

**LET
GROW**





Seasonal Project Ideas

- Grow a garden.
- Go fishing.
- Get a soccer game going.
- Dig a major hole.
- Skip rocks.
- Draw outside with chalk.
- Play in the mud.
- Skateboard.
- Rollerblade.
- Walk in the rain.

- Ride your bike.
- Go to the library.

Grow

